## AUSTRALIAN SAILING (AS) 2017-2021 SPECIAL REGULATIONS EQUIPMENT AUDIT FORM



CATEGORY	2 MC	ONOHULLS	For O	ffshore Races of	long dista	nce near sho	reline
DATE OF AUDIT	SAIL	NO:	BOAT I	NAME:			
Audit form valid until	/ /	(annual au	dit pariod l	uly 1 to June 30). Expir	ay dates to be	undated as requi	irod at
			•	t checks Special Regula	•		ireu at
OWNER DETAILS							
OWNER(S) NAME(S):							
OWNER(S) AS NO(S):				OWNER(S) CLUB(S)			
BOAT DETAILS							
LH:				BOAT REGISTRATION	NO:		
DISPL (tonnes):				MARITIME STICKER IS	SUED	YES NO	N/A
HULL COLOUR:							
DECK COLOUR:				DISTINGUISHING MA	RKS:		
				-			
MAX CREW:	CICTRATION						
RADIO & EPIRB REG		e Transceiver Licer	f II	VEC. NO	Desistant as	II aiam IIE	
SR 3.25 MARINE RADIO				YES NO	Registered ca		
SR 4.18.1 EPIRB(s): Reg	<u> </u>		of units for b		Number to k		
	gistered YES		of units for b	oat:	Number to b	pe hired:	
DECLARATION BY F				1 2047 2024	L CD 1001	1022 1022 (0	
				lations 2017-2021, in parti- hat this audit is carried out			
				the complete and unlimite			
				n in good working order al			
Special Regulations 2017-						quipment as specime	G (1.0 / 10
Signed by Person in C	harge:			Date:			
OUTSTANDING ITE	MS - The eq	uipment listed i	n the follo	wing pages was con	nplete excep	1	ing items
Outstanding Item				Re-Inspected by		AS Auditor No.	Date
EQUIPMENT AUDIT	OR DECLAR	ATION					
			SR 2.02.2, as su	ımmarised in the following	list, and the ite	ms listed were compl	liant as per
the AS Special Regulation	s at the time and	d date of this audit. (	Form not to b	e signed until outstanding	items detailed a	bove have been rect	rified).
Audited by AS NEA:				Signed by AS NEA:			
(print name)							
AS Number:				Date:			
EARLIEST EXPIRY D		1	applicable	e 'n/a' if relevant			
ITEM	EARLIEST EXPIRY	UPDATED EARLIEST EXPIRY	AUDITOR	ITEM	EARLIEST EXPIRY	UPDATED EARLIEST EXPIRY	AUDITOR
Radio certificate				Flares parachute			
Fire ext (12 mth.)				Flares red hand			
EPIRB(s)				Flares white hand			
Liferaft(s)				Flares orange hand			
Liferaft(s) Inflatable lifebuoy(s) Inflatable danbuoy(s)							

Page 1 of 3 Category 2 v1.0

## AUSTRALIAN SAILING (AS) 2017-2021 SPECIAL REGULATIONS EQUIPMENT AUDIT FORM



CATEGORY 2	MONOHULLS	For Offshore Races of long distance near shoreline
DATE OF AUDIT	SAIL NO:	BOAT NAME:
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This section to be completed and **ticked or initialled** by person in charge (P) and auditor(A). If item not applicable, mark 'n/a' or dash '-'

	ion to be completed and <b>ticked or initialled</b> by pe		ı in
Reg	Structural/Fixed Deck Items	Р	Α
2.03.1	Equipment functions & adequate for intended use		
2.03.2	Ballast & heavy equipment secured		
3.06.1	(a) 2 exits, 1 forward of mast		
	(Refer to regulation for minimum clearance)		
	(a) No hatches forward of maximum beam open inwards except if size < 0.071 m <sup>2</sup>		
3.07.1	(b) Non-conforming hatches labelled 'Not to be		
	opened at sea'		
	(a)(i) Hatches above water when heeled 90°		
	(a)(ii) 4 non-conforming hatches permitted; 2 per		
3.07.2	side, size < 0.071 m <sup>2</sup>		
0.07.2	(a)(ii) Non-conforming hatches kept shut while racing		
	(b) Hatches capable of being immediately shut;		
3.07.3	permanently attached lid  Blocking device for low sill companionway		
3.07.3	(a) Companionway hatch securing arrangement		
	(i) Operable from above and below		
	(ii) Functions independently of blocking devices		
3.07.4	(b) Blocking devices to be		
	(i) Capable of being retained with hatch open or shut		
	(ii) Secured to boat (e.g. by lanyard)		
	(iii) Permit exit in event of inversion		
3.08.1	Cockpit strong, self-draining, & watertight (3.08.2)		
3.08.3	Bilge pump outlet not connected to cockpit drain		
3.08.7	Number of cockpit drains required: <8.5 m: 2 x 25 mm Age/Series Date pre 07/77 & >8.5 m; 2 x 25 mm		
3.06.7	Age/ Series Date post 07/77 & >8.5 m; 4 x 20 mm		
3.12.2	Lifelines taut (50 N force applied; ≤ 50 mm deflection)		
011212	Bow pulpits shall be either:		
	(a)(i) Closed and forward of forestay; OR		
	(a)(ii) Open with the forward gap ≤ 360 mm; OR		
	(a)(iii) Open with the gap to any boat part ≤ 360 mm		
	(b) & (d) Bow and stern pulpit top rails same height		
	as upper lifelines		
	(c) Lifelines, stanchions, pulpits effectively		
3.12.3	continuous deck barrier (f) Pulpits & stanchions permanently installed		
	(g) Pulpit & stanchion bases inboard ≤ 5% of max		
	beam or 150 mm		
	(h) Stanchion bases not outboard		
	(j) Lifelines attached to stanchion inside &		
	overlapping pulpit with gap ≤ 150 mm permitted		
	(k) Stanchions straight, vertical; first 50 mm ≤ 10 mm		
	displ. and angle ≤ 10 deg. from 50 mm above deck.		
3.12.5	Lifeline height, spacing, number comply with table		
	(a) Lifelines uncoated stainless steel wire		
3.12.6	(d) Gap secured by lanyard ≤ 100 mm;		
	Lanyard replaced annually  (e) Total lifeline system ≥ strength of required wire	$\vdash$	
	Toe rail min height 25 mm (age date from 01/81);		
3.14.1	Toe rail min height 20 mm (age date horr 01/81)		
	2 manual bilge pumps; 1 above, 1 below operable	$\vdash$	
3.20.1	with boat/seats shut; permanent discharge pipes		
3 20 6	Bilge pump not to discharge into closed cockpit		
3.20.6	Bilge pump not connected to cockpit drains		
3.20.7	a) Bilge pump minimum suction bore 25 mm		
3.20.7	b) Bilge pump & strum boxes accessible	LĪ	
3.20.8	Pump handle each with lanyard or catch unless		
0.20.0	permanently fitted	<u> </u>	
3.21.1	Marine magnetic compass permanently installed,		
	non-electric		
3.21.2	Spare magnetic compass non electric (portable ok)	$\vdash$	
3.23	Navigation lights carried complying with IRPCAS (b) Masthead VHF antenna		
	Hull Identification, min 50 mm; name & state rego;	$\vdash$	
3.28.1	OR name, sail number & club		
4.01.1	Sail numbers as per RRS 77 and Appendix G		
4.03.1	(a), (d), & (e) Jackstay attachments port/starboard,	П	
4.03.1	strong, through bolted (not around stanchion bases)		

(a) Clipping points through bolted or welded deck plates or other suitable strong points  (b) Positioned to clip/unclip from below and move between cockpit and deck (c) Clipping points for 2/3 crew  Reg Structural/Fixed Items Below  (a) Seacocks permanently installed (b) Plugs for each opening attached or stowed nearby  3.11 Keel stepped mast; heel securely fastened 3.15.1 Toilet, securely installed (N.B. includes plumbing)  3.16.1 Bunks, securely fastened, sufficient 50% of crew  3.16.2 Lee cloths/restraints for fixed bunks 3.17.1 Cooking stove/heating appliance safe use in seaway a.g. Gimballed with accessible shutoff 3.17.3 Gas or methylated spirits only fuels for cooking (a) "REMEMBER Turn Off Gas At Bottle" sign (b) Gas detection for permanent pilot light 3.17.5 Disposable gas canisters ≤ 225 grams  Gas bottle, spare canisters in separate compartment ventilated overboard  3.17.7 Galley - suitable facilities  3.18.1 2 permanently installed water tanks or divided compartments with pump  3.19.1 Handholds below decks  Inboard engine, tank(s), fuel & exhaust system; permanently installed  3.24.1 Separate starter battery if electric starter  Separate generators, if carried, securely covered and permanently installed  3.24.8 Fuel tank shut off valve/cock if fuel can escape or siphon  (a) Petrol tanks – see regulation  3.24.9 (b) Diesel tanks metal or other certified material	P	
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3.24.8 permanently installed  3.24.8 Fuel tank shut off valve/cock if fuel can escape or siphon  (a) Petrol tanks – see regulation		П
3.24.8 Fuel tank shut off valve/cock if fuel can escape or siphon  (a) Petrol tanks – see regulation		
siphon (a) Petrol tanks – see regulation		T
2 24 0 (1) 5: 11 1 1 1 1:5: 1 1 1:1		
3.24.9 (b) Diesel tanks metal or other certified material		
(c) Fuel lines comply		
(a)(i)(ii) & (c) Permanently installed HF transceiver		
(new installations DSC capable)		L
(b)(i)(iii) & (c) Permanently installed VHF transceiver		
(new installations DSC capable)		╙
3.26 Batteries sealed type; electrolyte cannot escape		
3.27 Barometer fitted		
4.11 GPS permanently installed, with MOB function		T
4.12 Depth Sounder	$\vdash$	$\vdash$
11.7	-	₩
4.13.1 Log (other than GPS)		
Reg Portable Equipment		_
3.18.4 Emergency water 1 litre per crew additional	Р	1
3.20.9 2 x 8 litre buckets, stout construction with lanyard	Р	A
Reserve navigation lights, independent of main	Р	,
3.23.4 power	Р	-
	P	A
	P	<i>A</i>
3.23.5 Spare bulbs except for multiple LED array	P	
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Page 2 of 3 Category 2 v1.0

## AUSTRALIAN SAILING (AS) 2017-2021 SPECIAL REGULATIONS EQUIPMENT AUDIT FORM



CATEGORY 2	MONOHULLS	For Offshore Races of long distance near shoreline
DATE OF AUDIT	SAIL NO:	BOAT NAME:
/		

	/ /	DOA
	_//	
4.07.4	First aid kit, waterproof container; contents listed;	
4.07.9	alternative brands permitted	
4.07.9	First aid contents as per list at end of this form	
4.08	Foghorn	
4.09	(b) AIS transponder recommended	
4.10.1	Charts (not solely electronic), plotting equipment	
4.10.2	Collision Regulations; electronic or hard copy	
4.10.3	Current AS "Racing Rules of Sailing" and "Special Regulations Part 1"; electronic or hard copy	
4.11.2	Handheld GPS, water resistant, spare batteries	
4.14.1	Emergency tiller if not tiller steered	
4.14.2	Alternative steering method for rudder loss	
4.15.1	Tools, spares parts, effective way to cut rigging	
4.15.2	Bosun's chair or climbing harness	
4.15.3	Sharp knife sheathed, restrained in or near cockpit	
4.16.1	Name on all buoyant equipment & items	
4.16.2	Personal lifejacket marked to identify owner	
4.17	Retroreflective tape on lifebuoys, lifeslings, liferafts	
4.18.1	406MHz EPIRB; GPS capable	
4.18.2	Number of EPIRBs ≥ number of liferafts	
7.10.2	Number of EPIRBs	$\Box$
	(c) Regularly tested	$\sqcup \sqcup$
4.18.3	(d) Registered with relevant authority	
	Crew trained in use Liferaft compliant type as per 4.19.1 and 4.19.2	
4.19.1	No. of liferafts Total crew capacity	
	Liferaft stowage	
	(a)(i) Rigid container; on working deck/cockpit; OR	
	(a)(ii) Rigid container or valise stowed in dedicated	
4.19.3	locker opening to cockpit/working deck/transom; OR	
	(b) If boat launch before 06/2001, valise ≤40kgs stowed below near companionway permitted	
	(d) Painter should be made fast to strong point	
	(e) Life raft launch time 15 seconds	
	(a) Lifebuoy; self-igniting light, drogue; in reach; OR	
	Lifesling, self-igniting light; in reach	
4.21.1	(b) Additional lifebuoy, in reach of helmsman	
4.21.1	(b)(i) Whistle, drogue, self-igniting light	
	(b)(ii) Pole and flag floating 1.8 metres above water,	
4.04.0	attached to lifebuoy with 3 metres of line	
4.21.2 4.21.4	1 x lifebuoy to be of permanent buoyancy Lifebuoys, lifeslings fitted with retroreflective material	
4.21.4	Lifebuoys, lifeslings safety colour	
7.21.0	Waterproof container for flares	
	4 x red parachute flares	
4.22.1	4 x red hand flares	
	2 x white hand flares	
	4 x orange smoke flares	
4.23.1	Heaving line minimum 15 m	
	(a) Storm jib; area compliant	
4.24.1	(b) Storm trysail; area compliant OR mainsail reefing	
7.27.1	50% of luff	
	(c) Heavy weather jib; area compliant	
	(a) Highly-visible colour; OR if purchased before 07/2005, patches 20% of area	
	(b) Sheeting positions for storm, heavy weather sail	+++
4.24.2	(c) Storm & heavy weather jib means of attachment	
7.27.2	to stay independent of any luff-groove device	
	(d) Sail numbers both sides trysail	$\lfloor \lfloor \rfloor \rfloor^{-1}$
	(e) Storm trysail to set with in-mast furling mainsail	
4.24.3	(a) Aromatic polyamides, carbon fibre & similar not	
4.24.3	used for storm jib, trysail	
4.26	Retrieval method of crew from water	
4.27	V Distress sheet or International signal	
		++-
4.28.1	Stowage chart, displayed	

	(a) Lifejacket ≥ 150N (not "Mae West"), in service; 1 per crew, plus minimum 1 spare (f)(I) Number (1 per crew)				
5 04 4	Number (minimum 1 spare) Total on board:				
5.01.1					
	(See regulation for compliance standards)		<u> </u>		
	(d) Each lifejacket retro tape, whistle, crotch strap/s				
	(f)(ii) If inflatable, min 1 spare cylinder & (if				
	appropriate) spare auto rearming kit				
	Safety harness, line with snap hook each end (≤2 m);				
5.02.1	1 per crew Number				
	(See regulation for compliance standards)				
	For 30% of crew				
5.02.2	(i) Tethers 1m long (in addition to 5.02.1) No				
	OR <b>included</b> in 5.02.1 as follows:				
	(ii) 2 m with midpoint clip OR No				
	(iii) Twin lines, one ≤ 1 m & second ≤ 2 m No				
	· · ·				
5.03	Personal light (strobe or SOLAS LSA 2.2.3);				
	1 per crew Number				
5.05.1	406 MHz Personal Locator Beacon (PLB) with GPS;				
3.03.1	1 per crew Number				
	(a) PLB Within battery life		_		
5.05.2	(b) Regularly tested				
	(c) Registered with relevant authority				
5.05.3	Crew to be trained in use of PLBs				

NON-PRESCRIPTION	4.07.9 First Aid Kit Contents List – within expiry date						
Panadol) or Ibuprofen 200 mg (e.g. Nurofen) x 40  Codeine 8 mg + Paracetamol 500 mg (e.g. Panadeine) x 40  Soluble Aspirin (e.g. Disprin) x 20  Nitrolingual Spray (e.g. Anginine) x 1  Butterfly or Steristrips (strips of 5) x 10  Disposable gloves x 20  Crepe bandages 75 mm x 1.5 m x 2  Triangular bandage x 2  High absorbency nonadherent dressing (e.g. Exu-dry) x 10  Bandaids or equivalent roll of bandaid x 20  Sports/Strapping tape 50 mm x 2.5 m (e.g. Leukoplast) x 1  Antiseptic cream e.g. Medicreme x 1  Normal saline 250 ml x 1  Sterile eye patches x 5  Clotrimazole cream (e.g. Lamisil, Daktarin) x 1  Passacikness tablets (e.g. Avomine, Travacalm) x 10  Seasickness tablets (e.g. Avomine, Travacalm) x 10  Seasickness tablets (e.g. Avomine, Travacalm) x 10  Scissors, stainless steel x 1  Thermometer, clinical x 1  Forceps, splinter x 1  Syringes/needles x 5  Alcohol swabs x 10  CPR mask or 6 face shields  CPR mask or 6 face shields  PRESCRIPTION P A  Codeine 30 mg + Paracetamol 500 mg (e.g. Panadeine Forte) x 20  Oxycodone 5 mg (e.g. Endone) x 20 or Oxycodone suppositories 30 mg (e.g. Proladone) x 10  Chloramphenicol eye ointment 1% 4 mg x 1  Cephalexin 500 mg tabs (e.g. Keflex) x 20  Antihistamine 25 mg tabs (e.g. Phenergan) x 25  Adrenaline ampoules  1:1000 x 5  IF NOTICE OF RACE  ***Morphine  ***Morphine  ***Additional 15 syringes	NON-PRESCRIPTION	Р	Α	NON-PRESCRIPTION	Р	Α	
Codeine 8 mg + Paracetamol 500 mg (e.g. Panadeine) x 40   Seasickness tablets (e.g. Scasickness tablets (e.g. Avomine, Travacalm) x 10   Scissors, stainless steel x 1   Thermometer, clinical x 1   Forceps, splinter x 1   Syringes/needles x 5   Syringes/needles x 5   Splints for arms & legs   CPR mask or 6 face shields	Paracetamol 500 mg (e.g.			Sunscreen 30+ 250 ml x 1			
Codeine 8 mg + Paracetamol 500 mg (e.g. Panadeine) x 40  Soluble Aspirin (e.g. Disprin) x 20  Nitrolingual Spray (e.g. Anginine) x 1  Butterfly or Steristrips (strips of 5) x 10  Disposable gloves x 20  Crepe bandages 75 mm x 1.5 m x 2  Crepe bandages 100 mm x 1.5 m x 2  Triangular bandage x 2  High absorbency nonadherent dressing (e.g. Exu-dry) x 10  Bandaids or equivalent roll of bandaid x 20  Sports/Strapping tape 50 mm x 2.5 m (e.g. Leukoplast) x 1  Antiseptic skin solution 15 ml (e.g. Betadine) x 1  Normal saline 250 ml x 1  Seasickness tablets (e.g. Avomine, Travacalm) x 10  Scissors, stainless steel x 1  Thermometer, clinical x 1  Forceps, splinter x 1  Syringes/needles x 5  Alcohol swabs x 10  Splints for arms & legs  CPR mask or 6 face shields  Codeine 30 mg + Paracetamol 500 mg (e.g. Panadeine Forte) x 20  Oxycodone 5 mg (e.g. Endone) x 20 or Oxycodone suppositories 30 mg (e.g. Proladone) x 10  Chloramphenicol eye ointment 1% 4 mg x 1  Cephalexin 500 mg tabs (e.g. Keflex) x 20  Antihistamine 25 mg tabs (e.g. Phenergan) x 25  Adrenaline ampoules  1:1000 x 5  IF NOTICE OF RACE  P A  ***Morphine  ***Maloxone hydrochloride  ****Morphine  ****Additional 15 syringes				Anti-diarrhoea treatment			
Paracetamol 500 mg (e.g. Panadeine) x 40  Soluble Aspirin (e.g. Disprin) x 20  Nitrolingual Spray (e.g. Anginine) x 1  Butterfly or Steristrips (strips of 5) x 10  Disposable gloves x 20  Crepe bandages 75 mm x 1.5 m x 2  Crepe bandages 100 mm x 1.5 m x 2  Triangular bandage x 2  High absorbency nonatherent dressing (e.g. Exu-dry) x 10  Low absorbency nonadherent dressing/plain gauze (e.g. Melolin) x 10  Bandaids or equivalent roll of bandaid x 20  Sports/Strapping tape 50 mm x 2.5 m (e.g. Betadine) x 1  Antiseptic skin solution 15 ml (e.g. Betadine) x 1  Normal saline 250 ml x 1  Seasickness tablets (e.g. Avomine, Travacalm) x 10  Scissors, stainless steel x 1  Thermometer, clinical x 1  Forceps, splinter x 1  Syringes/needles x 5  Alcohol swabs x 10  Splints for arms & legs  CPR mask or 6 face shields  PRESCRIPTION P A  Codeine 30 mg +  Paracetamol 500 mg (e.g. Panadeine Forte) x 20  Oxycodone 5 mg (e.g. Endone) x 20 or  Oxycodone suppositories 30 mg (e.g. Proladone) x 10  Chloramphenicol eye ointment 1% 4 mg x 1  Cephalexin 500 mg tabs (e.g. Keflex) x 20  Antihistamine 25 mg tabs  (e.g. Keflex) x 20  Antihistamine 25 mg tabs  (e.g. Phenergan) x 25  Adrenaline ampoules  1:1000 x 5  IF NOTICE OF RACE  ****Morphine  ****Naloxone hydrochloride  ****Additional 15 syringes	200 mg (e.g. Nurofen) x 40						
Panadeine) x 40  Soluble Aspirin (e.g. Disprin) x 20  Nitrolingual Spray (e.g. Anginine) x 1  Butterfly or Steristrips (strips of 5) x 10  Disposable gloves x 20  Crepe bandages 75 mm x 1.5 m x 2  Crepe bandages 100 mm x 1.5 m x 2  Triangular bandage x 2  High absorbency nonadherent dressing (e.g. Exu-dry) x 10  Bandaids or equivalent roll of bandaid x 20  Sports/Strapping tape 50 mm x 2.5 m (e.g. Leukoplast) x 1  Antiseptic cream e.g. Medicreme x 1  Normal saline 250 ml x 1  Hydrogel wound dressing 100 g (e.g. Solosite, 100 g (e.g. Solosite, 100 g (e.g. Solosite, 100 scissors, stainless steel x 1  Avomine, Travacalm) x 10  Scissors, stainless steel x 1  Thermometer, clinical x 1  Forceps, splinter x 1  Syringes/needles x 5  Alcohol swabs x 10  Syringes/needles x 5  Alcohol swabs x 10  P A  PRESCRIPTION P A  Codeine 30 mg + Paracetamol 500 mg (e.g. Panadeine Forte) x 20  Oxycodone 5 mg (e.g. Endone) x 20 or Oxycodone suppositories 30 mg (e.g. Proladone) x 10  Chloramphenicol eye ointment 1% 4 mg x 1  Cephalexin 500 mg tabs (e.g. Phenergan) x 25  Adrenaline ampoules  1:1000 x 5  IF NOTICE OF RACE P A  ***Morphine  ***Additional 15 syringes				Electrolyte 4.9 g - pkt of 10			
Soluble Aspirin (e.g. Disprin) x 20  Nitrolingual Spray (e.g. Anginine) x 1  Butterfly or Steristrips (strips of 5) x 10  Disposable gloves x 20  Crepe bandages 75 mm x 1.5 m x 2  Crepe bandages 100 mm x 1.5 m x 2  Triangular bandage x 2  High absorbency nonadherent dressing (e.g. Exu-dry) x 10  Low absorbency nonadherent dressing/plain gauze (e.g. Melolin) x 10  Bandaids or equivalent roll of bandaid x 20  Sports/Strapping tape 50 mm x 2.5 m (e.g. Leukoplast) x 1  Antiseptic cream e.g. Medicreme x 1  Normal saline 250 ml x 1  Hydrogel wound dressing 100 g (e.g. Solosite, 100 science) x 10  Avomine, Travacalm) x 10  Scissors, stainless steel x 1  Thermometer, clinical x 1  Thermometer, clinical x 1  Thermometer, clinical x 1  Thermometer, clinical x 1  Forceps, splinter x 1  Syringes/needles x 5  Alcohol swabs x 10  Dyringes/needles x 5  Alcohol swabs x 10  Dyringes/needles x 5  Alcohol swabs x 10  PRESCRIPTION  P A  Codeine 30 mg + Paracetamol 500 mg (e.g. Panadeine Forte) x 20  Oxycodone 5 mg (e.g. Endone) x 20  Oxycodone suppositories 30 mg (e.g. Proladone) x 10  Chloramphenicol eye ointment 1% 4 mg x 1  Cephalexin 500 mg tabs (e.g. Phenergan) x 25  Adrenaline ampoules  1:1000 x 5	Paracetamol 500 mg (e.g.						
Disprin) x 20  Nitrolingual Spray (e.g. Anginine) x 1  Butterfly or Steristrips (strips of 5) x 10  Disposable gloves x 20  Crepe bandages 75 mm x 1.5 m x 2  Crepe bandages 100 mm x 1.5 m x 2  Triangular bandage x 2  High absorbency nonadherent dressing (e.g. Exu-dry) x 10  Bandaids or equivalent roll of bandaid x 20  Sports/Strapping tape 50 mm x 2.5 m (e.g. Leukoplast) x 1  Antiseptic cream e.g. Medicreme x 1  Normal saline 250 ml x 1  Hydrogel wound dressing 100 g (e.g. Solosite, 100 pg (e.g. Solo	Panadeine) x 40			Seasickness tablets (e.g.			
Nitrolingual Spray (e.g. Anginine) x 1  Butterfly or Steristrips (strips of 5) x 10  Disposable gloves x 20  Crepe bandages 75 mm x 1.5 m x 2  Crepe bandages 100 mm x 1.5 m x 2  Triangular bandage x 2  High absorbency nonadherent dressing (e.g. Exu-dry) x 10  Low absorbency nonadherent dressing/plain gauze (e.g. Melolin) x 10  Bandaids or equivalent roll of bandaid x 20  Sports/Strapping tape 50 mm x 2.5 m (e.g. Leukoplast) x 1  Antiseptic skin solution 15 ml (e.g. Betadine) x 1  Normal saline 250 ml x 1  Hydrogel wound dressing 100 g (e.g. Solosite, 100 mg (e.g. Syringes) 100 g (e.g. Solosite, 100 mg (e.g. Syringes) 110 ms 15 ml (e.g. Solosite, 100 mg (e.g. Syringes) 100 g (e.g. Solosite, 100 mg (e.g. Syringes) 100 g (e.g. Solosite, 100 mg (e.g. Springes) splinter x 1 ml Forceps, splinter x 1 syringes 100 mg (e.g. splints r x 1 ml Forceps, splinter x 1 syringes 100 mg (e.g. x 10 ml subset x 1 ml septic skin solution 15 ml (e.g. Betadine) x 1 ml sterile eye patches x 5 ml subset of the forceps, splinter x 1 ml Forceps, splinter x 1 ml Forceps, splinter x 1 syringes 10 ml subset x 1 ml sterile eye patches x 5 ml subset x 1 ml subset	Soluble Aspirin (e.g.			Avomine, Travacalm) x 10			
Anginine) x 1  Butterfly or Steristrips (strips of 5) x 10  Disposable gloves x 20  Crepe bandages 75 mm x 1.5 m x 2  Crepe bandages 100 mm x 1.5 m x 2  Triangular bandage x 2  High absorbency non- adherent dressing (e.g. Exu-dry) x 10  Low absorbency non- adherent dressing/plain gauze (e.g. Melolin) x 10  Bandaids or equivalent roll of bandaid x 20  Sports/Strapping tape 50 mm x 2.5 m (e.g. Leukoplast) x 1  Antiseptic skin solution 15 ml (e.g. Betadine) x 1  Normal saline 250 ml x 1  Syringes/needles x 5  Alcohol swabs x 10  Sylints for arms & legs  CPR mask or 6 face shields  PRESCRIPTION P A  Codeine 30 mg + Paracetamol 500 mg (e.g. Panadeine Forte) x 20  Oxycodone 5 mg (e.g. Endone) x 20 or Oxycodone suppositories 30 mg (e.g. Proladone) x 10  Chloramphenicol eye ointment 1% 4 mg x 1  Cephalexin 500 mg tabs (e.g. Keflex) x 20  Antihistamine 25 mg tabs (e.g. Phenergan) x 25  Adrenaline ampoules 1:1000 x 5  IF NOTICE OF RACE P A  ***Morphine  ***Additional 15 syringes  100 g (e.g. Solosite,							
Butterfly or Steristrips (strips of 5) x 10  Disposable gloves x 20  Crepe bandages 75 mm x 1.5 m x 2  Crepe bandages 100 mm x 1.5 m x 2  High absorbency non- adherent dressing (e.g. Exu-dry) x 10  Bandaids or equivalent roll of bandaid x 20  Sports/Strapping tape 50 mm x 2.5 m (e.g. Leukoplast) x 1  Antiseptic skin solution 15 ml (e.g. Betadine) x 1  Antiseptic ream e.g. Medicreme x 1  Normal saline 250 ml x 1  Syringes/needles x 5  Alcohol swabs x 10  Splints for arms & legs  CPR mask or 6 face shields  CPR mask or 6 face shields  Paracetamol 500 mg + Paracetamol 500 mg (e.g. Panadeine Forte) x 20  Oxycodone 5 mg (e.g. Endone) x 20 or Oxycodone suppositories 30 mg (e.g. Proladone) x 10  Chloramphenicol eye ointment 1% 4 mg x 1  Cephalexin 500 mg tabs (e.g. Keflex) x 20  Antihistamine 25 mg tabs (e.g. Phenergan) x 25  Adrenaline ampoules 1:1000 x 5  IF NOTICE OF RACE  P A  Clotrimazole cream (e.g. Lamisil, Daktarin) x 1  Hydrogel wound dressing 100 g (e.g. Solosite,	Nitrolingual Spray (e.g.			Thermometer, clinical x 1			
Alcohol swabs x 10	Anginine) x 1			Forceps, splinter x 1			
Alcohol swabs x 10	Butterfly or Steristrips			Syringes/needles x 5			
Crepe bandages 75 mm x 1.5 m x 2  Crepe bandages 100 mm x 1.5 m x 2  Triangular bandage x 2  High absorbency non- adherent dressing (e.g. Exu-dry) x 10  Low absorbency non- adherent dressing/plain gauze (e.g. Melolin) x 10  Bandaids or equivalent roll of bandaid x 20  Sports/Strapping tape 50 mm x 2.5 m (e.g. Leukoplast) x 1  Antiseptic skin solution 15 ml (e.g. Betadine) x 1  Antiseptic cream e.g. Medicreme x 1  Normal saline 250 ml x 1  Sterile eye patches x 5  Clotrimazole cream (e.g. Lamisil, Daktarin) x 1  Hydrogel wound dressing 100 g (e.g. Solosite,	(strips of 5) x 10						
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1.5 m x 2   PRESCRIPTION   P A				CPR mask or 6 face shields			
x 1.5 m x 2  Triangular bandage x 2  High absorbency nonadherent dressing (e.g. Exu-dry) x 10  Low absorbency nonadherent dressing/plain gauze (e.g. Melolin) x 10  Bandaids or equivalent roll of bandaid x 20  Sports/Strapping tape 50 mm x 2.5 m (e.g. Leukoplast) x 1  Antiseptic skin solution 15 ml (e.g. Betadine) x 1  Antiseptic cream e.g. Medicreme x 1  Normal saline 250 ml x 1  Sterile eye patches x 5  Clotrimazole cream (e.g. Lamisil, Daktarin) x 1  Hydrogel wound dressing 100 g (e.g. Solosite,							
x 1.5 m x 2  Triangular bandage x 2  High absorbency nonadherent dressing (e.g. Exu-dry) x 10  Low absorbency nonadherent dressing/plain gauze (e.g. Melolin) x 10  Bandaids or equivalent roll of bandaid x 20  Sports/Strapping tape 50 mm x 2.5 m (e.g. Leukoplast) x 1  Antiseptic skin solution 15 ml (e.g. Betadine) x 1  Antiseptic cream e.g. Medicreme x 1  Normal saline 250 ml x 1  Sterile eye patches x 5  Clotrimazole cream (e.g. Lamisil, Daktarin) x 1  Hydrogel wound dressing 100 g (e.g. Solosite,	Crepe bandages 100 mm						
High absorbency non- adherent dressing (e.g. Exu-dry) x 10  Low absorbency non- adherent dressing/plain gauze (e.g. Melolin) x 10  Bandaids or equivalent roll of bandaid x 20  Sports/Strapping tape 50 mm x 2.5 m (e.g. Leukoplast) x 1  Antiseptic skin solution 15 ml (e.g. Betadine) x 1  Normal saline 250 ml x 1  Sterile eye patches x 5  Clotrimazole cream (e.g. Lamisil, Daktarin) x 1  Hydrogel wound dressing 100 g (e.g. Solosite,				PRESCRIPTION	Р	Α	
High absorbency non- adherent dressing (e.g. Exu-dry) x 10  Low absorbency non- adherent dressing/plain gauze (e.g. Melolin) x 10  Bandaids or equivalent roll of bandaid x 20  Sports/Strapping tape 50 mm x 2.5 m (e.g. Leukoplast) x 1  Antiseptic skin solution 15 ml (e.g. Betadine) x 1  Normal saline 250 ml x 1  Sterile eye patches x 5  Clotrimazole cream (e.g. Lamisil, Daktarin) x 1  Hydrogel wound dressing 100 g (e.g. Solosite,	Triangular bandage x 2			Codeine 30 mg +			
Exu-dry) x 10  Low absorbency non- adherent dressing/plain gauze (e.g. Melolin) x 10  Bandaids or equivalent roll of bandaid x 20  Sports/Strapping tape 50 mm x 2.5 m (e.g. Leukoplast) x 1  Antiseptic skin solution 15 ml (e.g. Betadine) x 1  Antiseptic cream e.g. Medicreme x 1  Normal saline 250 ml x 1  Sterile eye patches x 5  Clotrimazole cream (e.g. Lamisil, Daktarin) x 1  Hydrogel wound dressing 100 g (e.g. Solosite,	High absorbency non-			Paracetamol 500 mg (e.g.			
Exu-dry) x 10  Low absorbency non- adherent dressing/plain gauze (e.g. Melolin) x 10  Bandaids or equivalent roll of bandaid x 20  Sports/Strapping tape 50 mm x 2.5 m (e.g. Leukoplast) x 1  Antiseptic skin solution 15 ml (e.g. Betadine) x 1  Antiseptic cream e.g. Medicreme x 1  Normal saline 250 ml x 1  Sterile eye patches x 5  Clotrimazole cream (e.g. Lamisil, Daktarin) x 1  Hydrogel wound dressing 100 g (e.g. Solosite,	adherent dressing (e.g.			Panadeine Forte) x 20			
Low absorbency non- adherent dressing/plain gauze (e.g. Melolin) x 10  Bandaids or equivalent roll of bandaid x 20  Sports/Strapping tape 50 mm x 2.5 m (e.g. Leukoplast) x 1  Antiseptic skin solution 15 ml (e.g. Betadine) x 1  Antiseptic cream e.g. Medicreme x 1  Normal saline 250 ml x 1  Sterile eye patches x 5  Clotrimazole cream (e.g. Lamisil, Daktarin) x 1  Hydrogel wound dressing 100 g (e.g. Solosite,				Oxycodone 5 mg (e.g.			
gauze (e.g. Melolin) x 10  Bandaids or equivalent roll of bandaid x 20  Sports/Strapping tape 50 mm x 2.5 m (e.g. Leukoplast) x 1  Antiseptic skin solution 15 ml (e.g. Betadine) x 1  Antiseptic cream e.g. Medicreme x 1  Normal saline 250 ml x 1  Sterile eye patches x 5  Clotrimazole cream (e.g. Lamisil, Daktarin) x 1  Hydrogel wound dressing 100 g (e.g. Solosite,	Low absorbency non-						
Bandaids or equivalent roll of bandaid x 20  Sports/Strapping tape 50 mm x 2.5 m (e.g. Leukoplast) x 1  Antiseptic skin solution 15 ml (e.g. Betadine) x 1  Antiseptic cream e.g. Medicreme x 1  Normal saline 250 ml x 1  Sterile eye patches x 5  Clotrimazole cream (e.g. Lamisil, Daktarin) x 1  Hydrogel wound dressing 100 g (e.g. Solosite,	adherent dressing/plain						
of bandaid x 20 Sports/Strapping tape 50 mm x 2.5 m (e.g. Leukoplast) x 1 Antiseptic skin solution 15 ml (e.g. Betadine) x 1 Antiseptic cream e.g. Medicreme x 1 Normal saline 250 ml x 1 Sterile eye patches x 5 Clotrimazole cream (e.g. Lamisil, Daktarin) x 1 Hydrogel wound dressing 100 g (e.g. Solosite,	gauze (e.g. Melolin) x 10			mg (e.g. Proladone) x 10			
Sports/Strapping tape 50 mm x 2.5 m (e.g. Leukoplast) x 1  Antiseptic skin solution 15 ml (e.g. Betadine) x 1  Antiseptic cream e.g. Medicreme x 1  Normal saline 250 ml x 1  Sterile eye patches x 5  Clotrimazole cream (e.g. Lamisil, Daktarin) x 1  Hydrogel wound dressing 100 g (e.g. Solosite,	Bandaids or equivalent roll			Chloramphenicol eye			
mm x 2.5 m (e.g. Leukoplast) x 1  Antiseptic skin solution 15 ml (e.g. Betadine) x 1  Antiseptic cream e.g. Medicreme x 1  Normal saline 250 ml x 1  Sterile eye patches x 5  Clotrimazole cream (e.g. Lamisil, Daktarin) x 1  Hydrogel wound dressing 100 g (e.g. Solosite,	of bandaid x 20			ointment 1% 4 mg x 1			
Leukoplast) x 1  Antiseptic skin solution 15 ml (e.g. Betadine) x 1  Antiseptic cream e.g. Medicreme x 1  Normal saline 250 ml x 1  Sterile eye patches x 5  Clotrimazole cream (e.g. Lamisil, Daktarin) x 1  Hydrogel wound dressing 100 g (e.g. Solosite,	Sports/Strapping tape 50			Cephalexin 500 mg tabs			
Antiseptic skin solution 15 ml (e.g. Betadine) x 1  Antiseptic cream e.g. Medicreme x 1  Normal saline 250 ml x 1  Sterile eye patches x 5  Clotrimazole cream (e.g. Lamisil, Daktarin) x 1  Hydrogel wound dressing 100 g (e.g. Solosite,	mm x 2.5 m (e.g.			(e.g. Keflex) x 20			
15 ml (e.g. Betadine) x 1  Antiseptic cream e.g. Medicreme x 1  Normal saline 250 ml x 1  Sterile eye patches x 5  Clotrimazole cream (e.g. Lamisil, Daktarin) x 1  Hydrogel wound dressing 100 g (e.g. Solosite,	Leukoplast) x 1			Antihistamine 25 mg tabs			
Antiseptic cream e.g. Medicreme x 1  Normal saline 250 ml x 1  Sterile eye patches x 5  Clotrimazole cream (e.g. Lamisil, Daktarin) x 1  Hydrogel wound dressing 100 g (e.g. Solosite,	Antiseptic skin solution						
Medicreme x 1  Normal saline 250 ml x 1  Sterile eye patches x 5  Clotrimazole cream (e.g. Lamisil, Daktarin) x 1  Hydrogel wound dressing 100 g (e.g. Solosite,	15 ml (e.g. Betadine) x 1			Adrenaline ampoules			
Medicreme x 1  Normal saline 250 ml x 1  Sterile eye patches x 5  Clotrimazole cream (e.g. Lamisil, Daktarin) x 1  Hydrogel wound dressing 100 g (e.g. Solosite,							
Sterile eye patches x 5  Clotrimazole cream (e.g. Lamisil, Daktarin) x 1  Hydrogel wound dressing 100 g (e.g. Solosite,	Medicreme x 1						
Sterile eye patches x 5  Clotrimazole cream (e.g. Lamisil, Daktarin) x 1  Hydrogel wound dressing 100 g (e.g. Solosite,	Normal saline 250 ml x 1						
Lamisil, Daktarin) x 1  Hydrogel wound dressing 100 g (e.g. Solosite,  ***Naloxone hydrochloride  ***Additional 15 syringes				IF NOTICE OF RACE	Р	Α	
Lamisil, Daktarin) x 1  Hydrogel wound dressing 100 g (e.g. Solosite,  ***Naloxone hydrochloride  ***Additional 15 syringes	Clotrimazole cream (e.g.			***Morphine			
Hydrogel wound dressing 100 g (e.g. Solosite, ***Additional 15 syringes	Lamisil, Daktarin) x 1						
100 g (e.g. Solosite,	Hydrogel wound dressing			-			
Duoderm Purilon) x 1				, , , , , , , , , , , , , , , , , , ,			
	Duoderm, Purilon) x 1						

END OF FORM

Page 3 of 3 Category 2 v1.0