

YACHTING AUSTRALIA
CHANGES TO
Yachting Australia
2013-2016 Racing Rules of Sailing

Issued on 28 August 2014 as Amendment no. 4
Effective from 1 September 2014

SPECIAL REGULATIONS

PART 1 – SECTION 4 – MEDICAL KIT AND MANUAL

Regulation 4.07.9
Delete the text that has been **struck out**

FOR SEASICKNESS

Crews should consider carrying some form of seasickness remedy for all racing categories. It should be noted that all types of seasickness remedy available may produce drowsiness and/or disorientation. ~~In the case of severe sea sickness Stemetil suppositories are strongly recommended.~~

Travel/seasickness tablets (e.g. Avomine or Travacalm)
~~Prochlorperazine suppositories 25 mg
(e.g. Stemetil)~~

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PART 1 – SECTION 4 – GPS

Regulation 4.11.3
Add the following

- 4.11.3 GPS**
- (a) From 1 July 2017 a yacht shall be equipped with an EPFS (e.g. GPS) capable of recording a man overboard position within 10 seconds and monitoring that position.
- (b) *It is recommended that a yacht shall be equipped with an EPFS (e.g. GPS) capable of recording a man overboard position within 10 seconds and monitoring that position.*

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